

COFFEE SIGNATURES

TANK'S TODDY

HOUSE COLD BREW, SALTED CARAMEL, COLD FOAM, CARAMEL DRIZZLE

DOUBLE SHOCK

ESPRESSO, SHORTBREAD, MAPLE, WHITE CHOCOLATE, MILK

TWISTED SISTER

ESPRESSO, COCONUT, HAZELNUT, MILK

HONEY STAF

ESPRESSO, RAW HONEY, CINNAMON, SEA SALT, MILK

ORGANIC BUZZ

ESPRESSO, ORGANIC BROWN SUGAR, ORGANIC MAPLE SYRUP, CREAM

BUILET PROOF

ESPRESSO, GRASS FED BUTTER, MCT OIL, SEA SALT, MILK

NON-COFFEE SIGNATURES

POWER PUNCH

RED BULL, STRAWBERRY PUREE, WHITE PEACH, BLENDED

CHAI COOKI

SPICED CHAL COOKIE BUTTER, MILK

FREYA FIZZ

BLUE RAZ ZIP FIZZ, CLUB SODA, PINK LOTUS

POWERHOUSE PROTEIN SHAKE

CHOCOLATE PROTEIN, WHOLE BANANA, PB, MILK

IAGGER ROME

WHITE LOTUS, HUCKLEBERRY, LAVENDER, COCONUT

VELVET MATCHA

MATCHA, VANILLA, LAVENDER, MILK

DAILY DEALS

MONDAY

MERCH IS 25% OFF

TUESDAY

FREE REFILL IF YOU SHOW YOUR RECEIPT

WEDNESDAY

BUY ONE LOTUS, GET THE SECOND ONE 50% OFF

THURSDAY

SHOW US YOUR GOOGLE REVIEW FOR \$1 OFF

FRIDAY

"BARISTAS CHOICE" DRINK FOR A DISCOUNT

SAT & SUN

PAY IT FORWARD & RECIEVE A SWEET TREAT

TREAT YOUR SELF

COOKIES

SCONES

MUFFINS

RICE KRISPY'S

NO BAKE BARS CINNAMON ROLLS

CAKE POPS

ASSORTED BREADS

DISCOUNTS

FIRST RESPONDERS

LAW ENFORCEMNT

TEACHERS

ACTIVE/RETIRED MILITARY

KIDDOS

ASK ABOUT OUR KID FRIENDLY FOOD & DRINKS

FRESH EATS

BREAKFAST BURRTIOS

VEGGIE: EGG, POTATO, CHEESE, BELL PEPPER, ONION

BACON: EGG, POTATO, CHEESE, BACON

MEAT COMBO: EGG, POTATO, CHEESE, BACON, SAUSSAGE

SAUSSAGE SUPREME: EGG, POTATO, CHEESE, BELL PEPPER, ONION, SAUSAGE

BAGLES

PLAIN
ROSEMARY
JALAPENO CHEDDAR
ASIAGO PARM
CHEDDAR EVERYTHING
BLUEBERRY
CINNAMON RAISIN

....

SANDWICHES

JALEPENO KICKSTART

JALEPENO CHEDDAR BAGEL, EGG, BACON, CHEDDAR

SAVORY SLIMWICH

ENGLISH MUFFIN, EGG, LOW-FAT SAUSAGE, CHEDDAR

BLT

SOURDOUGH, BACON, GREENS, TOMATO, MAYO, (ADD AVOCADO)

TURKEY PESTO MELT

ROSEMARY BAGEL, TURKEY, SWISS, GREENS, TOMATO, PESTO

PLAIN HAM SAMMY

CHEDDAR EVERYTHING BAGEL, THICK HAM, CHEDDAR

BALENCED BITES

YOGURT BOWL

GREEK YOGURT, GRANOLA, SEASONAL FRUIT, HONEY

OAT BOWI

OATS SOAKED IN ALMOND MILK, CHIA SEEDS, BERRIES, HONEY, PB

EGG BITES

BACON & CHEESE OR EGG WHITE & RED PEPPERS

PROTIEN BALLS

OATS, PB, COCONUT, HONEY, COCOA NIBS